Knock Around

Summer Camps 2019 Registration!
Saturday March 2nd 8am
Knock Around Camps
Description and Requirements

The Knock Around Camps are built upon our belief that environment dictates a child’s summer experience. Each summer we at Knock Around strive to create a low pressure, high energy, positive environment where children are encouraged to create friendships, explore creativity, and have the time of their lives.

In each of our camps, children are introduced to a wide variety of activities designed to promote teamwork, self-esteem, leadership, cultural awareness, and friendship.

Questions can be directed to:

Director, Katie Shaw-Bullock (Gidget)
(858) 534-3911 or kshawbullock@ucsd.edu

Assistant Director, Ben Brickley (Brick)
(858) 822-0532 or bbrickley@ucsd.edu

In order to participate in any of our Knock Around Camp Programs, all campers must meet the following minimum requirements:

- Be 5 years of age prior to the first day of session
- Be potty trained
- Ability to understand and abide by camp rules and follow direction
- Ability to participate safely and effectively in a variety of physical & instructional activities and communicate needs
- Ability to pay attention without being disruptive
- Ability to understand consequences of inappropriate behavior
- Ability to dress themselves with minimal assistance
- Ability to interact with peer group in a civil manner
- Understand how to respect others and their personal belongings

Counselors

Our counselors are positive, energetic, highly motivated college students or recent alumni. We believe it is our counselors that separate Knock Around from many other day camps in San Diego. As college students, the counselors can play an active role in each child’s life as a positive role model. They create an energetic and open atmosphere that helps campers feel comfortable to be themselves. All counselors are: certified in CPR and first aid, familiar with the UCSD campus, experienced in working with children, positive role models.

Daily Schedule

7:45-9:00am: Drop-off
9:00am-12:00pm: Group Activities (Sports, running games, gymnastics, arts and crafts, rock climbing, or any combination thereof)
12:00-1:15pm: Lunch
1:15-1:30pm: Clean-up and dismissal game
1:40-2:20pm: Swimming
2:40-3:00pm: Snack
3:00-4:15pm: Free time in the Rec Gym: Games, balls, coloring, string, etc.
4:15-4:20pm: Clean-up and get stuff to go home
4:20-4:45pm: Pick-up
4:45-5:30pm: After Camp Care

Important Dates

February 19th – The last day to email Gidget or Brick to be included in the lottery (everyone on our email list, including returning campers from summer 2018, has automatically been included)
February 20th – The registration lottery takes place
February 21st & 22nd – The order and directions are sent out to all camp parents
February 25th-27th – Registration begins for our returning families who have attended for 6+ years
March 2nd – Registration opens for affiliates and 2018 returners with lottery numbers at RIMAC Sales
March 11th – Registration opens to the community
KNOCK AROUND CLASSIC CAMP  Ages 5-11

By blending scheduled activities with free-time play, Knock Around Classic Camp provides children the opportunity to learn new skills, develop game strategy, and engage in positive social interactions in a friendly, extended family type of environment. Schedules vary by week but can include such activities as swimming, arts and crafts, gymnastics, global kids, outside performers, camp games, and special events! The Knock Around Classic Camp program runs from 8am to 4:45pm. After Camp Care is available from 4:45–5:30pm and costs $40 per two week session.

Offered Sessions 1, 2, 3, 4, 5 & 6

GYMNASTICS CAMP  Ages 7+

Young gymnasts will love our Knock Around Gymnastics Camp! Gymnastics activities will be held in our gymnastics facility in the Main Gym south balcony. Campers will also be included in other Knock Around Camp games, events, and swimming in our indoor natatorium pool. Gymnastics Camp provides expert coaching from our experienced staff to our campers in a positive and non-competitive environment. The camp will focus on introducing new and improving existing gymnastic skills, while creating a fun and memorable summer experience for all campers.

Offered Sessions 1, 2, 3, 4 & 5

MUSICAL THEATRE  Ages 7+

Campers will sing, dance, and act out some of their favorite musical numbers in this creative camp! Young performers will develop an appreciation for musical theatre while working together to produce an end-of-session theatrical performance for parents.

Offered Sessions 3 & 5

BEACH CAMP  Ages 8+

Located next to the Scripps Institution of Oceanography (SIO), our Beach Camp will take the Knock Around philosophy and apply it to the beach. Campers will have the opportunity to take surf lessons, hike to tide pools, learn basics of marine biology, build sand castles, and play on the beach.

Surf instructors and certified lifeguards are present the whole camp day and adhere to a ratio of three children to every one adult when playing in the ocean. All campers who wish to go in the ocean must pass a swim test on the first day of the session.

Beach Camp runs from 9am to 4pm. Before Camp Care is available from 8am to 9am and costs $40 per two week session. After Camp Care is available until 5pm and costs $40 per two week session.

Offered Sessions 2, 3 & 5
Camps for 5–8 Year Olds

Art Camp  
Ages 5–8  
Designed especially for our 5-8 year old campers, Art Camp will introduce drawing and sketching, watercolor, sculpting, and more! If your camper loves participating in arts and crafts, then this is the camp for them!  
Offered Sessions 2A, 2B, 4A, & 4B

Building/LEGO Camp  
Ages 5–8  
Calling all future architects and engineers! We’ll be using LEGO, paired with the basic principles of science and engineering, to build houses, cities, rocket ships ~ anything your camper can imagine! In Building/LEGO Camp campers will have the opportunity to work individually and in teams, fostering teamwork and friendship.  
Offered Sessions 2A, 2B, 3A, &3B

Sports Camp  
Ages 5–8  
Campers will learn the rules of and play games of soccer, basketball, baseball, as well as less traditional sports. Sports Camp is designed for the camper that likes to run around and be physically active ~ and enjoy some friendly competition, too!  
Offered Sessions 3A, 3B, 4A, & 4B

Camps for 7–12 Year Olds

Circus Arts  
Ages 7+  
Circus Arts Camp will introduce campers to circus and performing arts in a safe and non-competitive environment. Activities will include aerial silks, juggling, slack lining, unicycling, face painting, and mime! Guaranteed to be an experience to remember!  
Offered Sessions 1, 2A & 2B

Fantasy/Sci-Fi Camp  
Ages 7+  
Does your camper love to play Magic or Dungeons and Dragons? Are they interested in medieval sports, such as archery and jousting? In Fantasy/Sci-Fi Camp we will be participating in these activities and so much more! If your camper loves learning about fantastical places and engaging in medieval-like role play, this is the camp for them!  
Offered Sessions 5A & 5B

Fencing Camp  
Ages 7+  
The Jr. Musketeers program teaches the sport of fencing to all levels. The program emphasizes skills development and immediate application to competitive fencing. Fencers will enhance technique through individual lessons and drills. We stress the learning of competitive skills and good sportsmanship as well as applying skills learned to the development of positive character. Fencing equipment is provided.  
Offered Sessions 1, 2A & 2B

Hip Hop Dance Camp  
Ages 7+  
This high energy Dance Camp will get kids moving while teaching basic hip hop techniques. Campers will learn the basics of body control, memory, and quick pick-up. No previous dance experience required!  
Offered Sessions 4A & 4B
Tennis Camp
Ages 7+

Tennis Camp is a non-competitive camp for kids who have an interest in learning more about the game. The small-group atmosphere and fun and positive environment allows for campers to get a good intro to tennis in a short amount of time. Campers will leave with new and improved skills and an appreciation for the game of tennis. Some racquets are available, but campers are encouraged to bring their own.

Offered Sessions 3A & 3B

Sports Camp
Ages 7+

If your camper is looking for one week of all the best games and sports that Knock Around has to offer, this camp is for them! Campers will participate in a variety of traditional and non-traditional sports and the most popular Knock Around Camp games. Participants should be energetic and prepared to be active the entire day!

Offered Sessions 5A & 5B

Outdoor Adventures
Ages 7+

Outdoor adventurers will love to explore the outdoors in this fun, nature-inspired camp. Rock-climbing, gardening, hiking, and basic outdoor skills will be taught by our counselors and Outback professionals. If your camper likes to adventure outdoors, then this is the camp for them!

Offered Sessions 4A & 4B

Wacky Science Camp
Ages 7+

Campers will cultivate a love of science as they participate in one crazy experiment after another in Wacky Science Camp! Basic age-appropriate science principles will be taught as the campers get hands-on experience in this safe and engaging program.

Offered Sessions 5A & 5B
CAMPS FOR 8 AND UP!

AQUATICS CAMP  Ages 8+
If your camper’s favorite time of day is swim-time, then this is the camp for them! Though campers will learn the basics of each swim stroke, the focus will be on fun and games in the pool. Inner-tube water polo, diving lessons, synchronized swimming, kayak jousting, and lots of pool games will keep your campers occupied throughout the morning. Campers must be able to pass a swim test in order to participate.
Offered Sessions 2A, 2B, 5A & 5B

ARCHERY CAMP  Ages 8+
Archery Camp teaches archery skills and teamwork in a safe and monitored environment at our new ECRA field. Emphasis will be on learning form and proper shooting technique, and campers will have plenty of time to practice hitting various targets. Archery equipment is provided. Archery Camp will take place entirely off site from the main camp in the Warren College area. Campers will utilize the ECRA field for archery, swim in Canyonview Pool, and play camp games in Warren college.
Archery Camp runs from 9am to 4pm. Before Camp Care is available from 8am to 9am and costs $20 per one week session. After Camp Care is available until 5pm and costs $20 per one week session.
Offered Sessions 2A, 2B, 3A, 3B, 4A, 4B, 5A & 5B

ROBOTICS CAMP  Ages 8+
Robotics campers will learn the ins and outs of basic programming while building a robot made of Legos. Counselors will guide your camper to the ultimate goal of completing a functional robot that will compete in an end-of-session contest. Not to be missed!
Offered Sessions 4A & 4B

CREATIVE WRITING CAMP  Ages 8+
Creative Writing Camp will foster in kids a new, more positive relationship with the written word and work towards developing campers own ‘voice’, all the while embellishing writing skills that will help them achieve greater success with school assignments. Campers will learn to creatively think outside the box while completing various individual and group projects. As part of the Knock Around family, the order of the day will be fun and friendship!
Offered Sessions 3A & 3B
LEADERSHIP CAMPS

FOR CAMPERS ENTERING 7TH, 8TH, AND 9TH GRADE

Designed to capitalize on the positive environment of Knock Around, Leadership Camp is a unique opportunity for young teens to interact with great role models as well as form friendships with their peers in a low pressure, active environment! Each session offers a theme around which the camp experience is based. Activities are aimed at challenging the campers and propelling them into leadership opportunities through team exercises, specially designed challenges, and hands-on mentorship with the Knock Around campers. Of course there will still be plenty of time for fun and games as well! This summer we are offering 4 two week sessions of Leadership Camp, and 2 one week sessions.

SESSION 1 - OCEAN LIFE AND CONSERVATION JUNE 17–21
Dive into the world of the deep blue sea and explore its many mysteries! Campers will be immersed in basic marine biology and visit the Birch Aquarium as part of their quest to understand the challenges that ocean conservationists face. They will also get a chance to experience the thrill of the waves with trips to the beach and kayaking in Mission Bay.

SESSION 2 - FOOD AND FITNESS JUNE 24–JULY 5 *No Camp July 4th
Campers will learn all about different types of food and techniques for preparing healthy and delicious meals and snacks. Practical in-the-kitchen experience will give campers a chance to prepare a meal for their peers. Throughout the session campers will also learn about maintaining a healthy, active lifestyle and participate in sports and fitness activities.

SESSION 3 - OUTDOOR ADVENTURE JULY 8–19
Outdoor Adventure Camp will allow campers to experience the outdoor lifestyle of San Diego while working with their peers to complete basic survival challenges. Campers will learn fundamental camping skills, such as pitching a tent and reading a compass. The two week session will wrap up with an overnight camping trip with UC San Diego Outback Adventures, which guarantees lots of fun-filled memories!

SESSION 4 - LEADERSHIP AT THE BEACH JULY 22–AUGUST 2
You asked, we listened - a full session of Leadership Camp based entirely at the beach! Located next to Scripps Pier, our leadership campers will have the opportunity to take surf lessons, hike to tide pools, learn the basics of marine biology, build sand castles, and spend the day at the beach. Much like traditional Beach Camp, all campers who wish to go in the ocean must pass a swim test prior to the first day of the session.

SESSION 5 - SHUTTERBUG AND MULTIMEDIA AUGUST 5–16
Say cheeeeese! In this session we will explore digital media through both photography and video. As a group, the campers will decide on a theme to create the much anticipated camp movie, then work together to film, edit, and present their final take to the rest of camp!

SESSION 6 - THE BEST OF KNOCK AROUND AUGUST 19–23
Campers will partake in the best-loved games, activities, and field trips in this dynamic session! In a nod to Leadership Variety Camp, leadership campers will have a say in the day-to-day activities and games played within their group and camp as a whole. A great way to celebrate the end of summer!
Knock Around Junior Counselor Program

Designed for high school students who would like to further enhance their leadership abilities and learn what it is like to be a counselor at Knock Around Camp. All Junior Counselors will be placed into a group alongside two full-time counselors and asked to take on certain responsibilities, including: dynamically interacting with the campers, facilitating games and projects, monitoring the safety of camp, and participating in various camp activities. In exchange, Junior Counselors will gain positive workplace experience, leadership skills, an environment to grow creatively, and the extreme satisfaction that comes with being a mentor to younger children. Space for the Junior Counselor program is limited and prospective participants must meet the following criteria to be considered for the program:

- Participant must have completed at least one year of high school.

- Participant must have previously attended Knock Around Camp as a camper. Those applying who have not previously attended camp must be referred by a Knock Around Camp family or current employee.

- Participant must complete and return the application to Gidget by March 18th.

- Participant (even if returning from last summer) must be available to participate in a training day on Saturday, June 1st from 9am–3pm.

- Participant must be available to participate in one of two camp work days: Friday, July 12th from 4–6pm or Friday, August 9th from 4–6pm.

- Participant must complete CPR/First Aid certification prior to the first day of their scheduled session.

Due to the popularity of the Junior Counselor program, we unfortunately cannot guarantee a spot to everyone who wishes to participate. We will notify the prospective participants by April 19th as to whether they have been selected for the 2019 Junior Counselor program. Participants selected as Junior Counselors will be assigned to a group for a minimum of two weeks according to their schedule and our program needs.

The following program costs for training and CPR/First Aid certification apply to all participants selected as Junior Counselors and are payable by check (made out to UC Regents) on the day of training:

- First Year Junior Counselor with Training and CPR/First Aid Certification: $195
- Returning Junior Counselor with Training only: $50
- Returning Junior Counselor with Training and CPR/First Aid Recertification: $90

Applications will be available starting on February 11th and are due back by March 18th.

Please have the prospective participant email Gidget at kshawbullock@ucsd.edu to receive an application or with any questions.
HOW TO REGISTER

The registration form must be used for all Knock Around Summer Camps registration. Please fill out the form completely. Please be sure to include a phone number and email address.

Registration dates — UC San Diego faculty/staff/students or returning families from Summer 2018 registration will take place on SATURDAY, March 2nd, 8am, at the RIMAC Sales Desk. Open registration for community members will begin on March 11th.
*Not sure where to go to register? See the map and driving directions to RIMAC on the following page.

Eligibility for registration — In order to process your registration, you must have proof of affiliation to UC San Diego (bring your official UC San Diego ID card) or you must have had a camper attend one session of Summer 2018. We will check our records.

Registration Information — Returning families who have attended Knock Around Camp for 6+ years will be given priority registration. You do not need to attend registration on March 2nd. You will receive specific registration instructions via email by February 8th. Returning families who have attended 5 years or fewer and new affiliates will register in person on Saturday, March 2nd. We will be doing a lottery in advance of registration day and sending out each family’s order # ahead of time. Please read through our detailed registration instructions and information below.

Registration Instructions — Each family will receive one ticket for each year they have attended Knock Around Summer Camp, plus one additional. (i.e. the Shaw-Bullock family has attended camp for five summers, so they will have six tickets in the lottery; the Brickleys attended last summer for the first time, so they will have two tickets in the lottery). Returning families and affiliates from Summer 2018 will be entered into the lottery based on the amount of summers they have attended camp. If you are a new affiliate and have yet to attend camp, you will be entered into the lottery one time. Once we have held the lottery, you will receive a set order number for the March 2nd registration day. We will hold the lottery on Wednesday, February 20th and will send out the order by Friday, February 22nd. If you know of a summer 2018 returner and/or new UCSD affiliate that is not on our email list, please let them know to email us so they can be added to the lottery. Additionally, if you are receiving this email and will not be present on Saturday, March 2nd, please let us know so you can be removed from the lottery. Anyone not a part of this list that contacts us after February 19th will automatically be added to the end of the lottery list.

Refund policy *New for 2019*: Drop/refund requests made at least 4 weeks prior to the start of the session you are dropping will incur a fee of $40/session/child. Requests made between 2 and 4 weeks prior to the session you are dropping will incur a fee of $80/session/child. There will be NO REFUNDS given for requests made less than 2 weeks prior to the session you are dropping.

To make a refund request, please email kshawbullock@ucsd.edu or bbrickley@ucsd.edu

We are also no longer able to give credits for dropped sessions. If you have a credit on your account already, it will remain on your account until you choose to use it.

Camp registration rules:

1. You may register your own family member(s) or send someone in your place, but you cannot do both; i.e., Cathy Smith is enrolling her son Gavin for camp. She cannot bring her neighbor’s registration form.
2. Only one lottery number per family.
3. There are NO mail-in or online registrations; we will only accept walk-in registration.

For more information please contact:
Katie Shaw-Bullock (Gidget) at kshawbullock@ucsd.edu or (858) 534-3911
Ben Brickley (Brick) at bbrickley@ucsd.edu or (858) 822-0532
DRIVING DIRECTIONS

From I-5 (Interstate 5) to Genesee Avenue:
Go west on Genesee. Turn left (south) on N. Torrey Pines Road (far left lane). At the first light (North Point Drive), turn left. Continue on around Campus Loop Road past the fields and RIMAC. The Hopkins Parking Structure will be on your right.