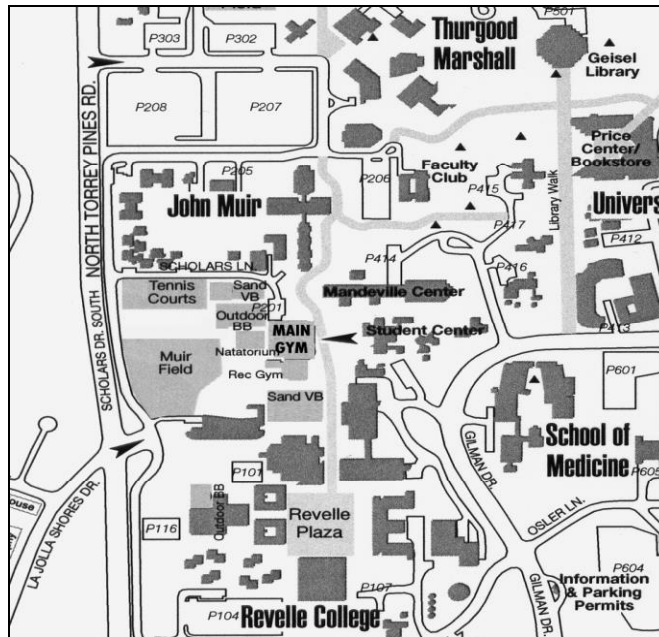


## Surf Classes Info

**Mandatory Orientation:** First class meeting is held at the Main Gym Conference Room (“Tiki Room”). This room is located in the Main Gym on the north side of the facility, overlooking parking lot #201. Call the Rec Class Program Assistant’s office at 858 534 3772 for directions or more information about your Surf Class Orientation.



### UCSD SWIM TEST (for Surfing Classes and more)

Take this form to Canyonview Pool or the Natatorium during any Open Recreation swimming hours. Your test must be signed by one of our Staff Lifeguards. \*You must pass this test in order to participate. Bring this completed form to the first day of class (Orientation). For a listing of Open Rec hours and directions to the pools, please call 858 534 – 6034.

\*If you do *not* pass the swim test you must bring your form signed by a Lifeguard to the Rec Class Office prior to the start of the second class in order to receive a full credit or refund. Call the Rec Class office for more information at 858 534 – 3772.

*Lifeguard: Please administer the following test and sign below to indicate if participant **has or has not** successfully completed the minimum swimming requirement.*

Swim **100** yards continuously (Freestyle or Breastroke, no time limit)  
Tread Water **1** minute (head completely above water)

**Participant’s Name:** \_\_\_\_\_

Passed: _____ (You are ready to surf!)	Did Not Pass: _____ (Please try again or take a swim class)
---	--

**Test Date:** \_\_\_\_\_

**Test Location:** \_\_\_\_\_

**Administered by UCSD Lifeguard** (print name legibly): \_\_\_\_\_

**Lifeguard Signature:** \_\_\_\_\_