## Fit-Yoga Pass

### Schedule

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activity</th>
<th>Instructor</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>M</td>
<td>12:30-1pm</td>
<td>BEGINNER YOGA</td>
<td>CARRIE</td>
<td>RIMAC Activity Room 3</td>
</tr>
<tr>
<td>W</td>
<td>8:30-9:45am</td>
<td>VINYASA YOGA</td>
<td>JULIE</td>
<td>RIMAC Activity Room 3</td>
</tr>
<tr>
<td>T</td>
<td>11-12pm</td>
<td>BEGINNER YOGA</td>
<td>KAREEM</td>
<td>RIMAC Activity Room 3</td>
</tr>
<tr>
<td>H</td>
<td>12-12:55pm</td>
<td>BEGINNER YOGA</td>
<td>JESSICA</td>
<td>RIMAC Activity Room 3</td>
</tr>
<tr>
<td>F</td>
<td>11am-12pm</td>
<td>BEGINNER YOGA</td>
<td>CARA</td>
<td>RIMAC Activity Room 3</td>
</tr>
<tr>
<td>S</td>
<td>10am-10:55am</td>
<td>BEGINNER YOGA</td>
<td>TANIA</td>
<td>RIMAC Activity Room 3</td>
</tr>
</tbody>
</table>

### Class Level Key:

- **Intensity:**
  - Low
  - Medium
  - High

### Try the Pass first week FREE!

Try before you buy, free for the first week of classes! Pass holders will have priority over drop-ins.

### Fit-Yoga Pass

**Take UNLIMITED classes all quarter! Choose from over 70 classes each week for a NEW low price!**

- **Not valid for special events, workshops or studio/small group training classes.**
- **Passes are non-refundable.**
- **Instructor reserves the right to suggest the appropriate level of class.**
- **First come first served.**

**Valid 10/7-12/8**

- **$65/105/150**

### 10 Time Fitness Yoga Pass

A 10-time use pass for Fitness and Yoga classes.

- **Not valid for special events, workshops or studio/small group training classes.**
- **Passes are non-refundable.**
- **Instructor reserves the right to suggest the appropriate level of class.**
- **First come first served.**

**Does not expire**

**Valid 10/7-12/8**

- **$65/105/150**

### Location Key:

- **OPC**: Outdoors – Price Center
- **RIMAC**: RIMAC Conference Room
- **CVP**: Rec Gym Conference Room
- **RA1**: Main Gym Cycle Room
- **RA2**: Main Gym Fitness Room
- **RA3**: Outdoors – Main Gym
- **RA4**: RIMAC Activity Room 3
- **SW**: RIMAC Activity Room 3
- **LS**: RIMAC Activity Room 3

### Class Descriptions

- **Drop-in's:** Classes available for drop-in attendees.
- **Instructor reserves the right to suggest the appropriate level of class:**
- **First come first served:**
- **Not valid for special events, workshops or studio/small group training classes.**
- **Passes are non-refundable.**
- **Instructor reserves the right to suggest the appropriate level of class.**
- **First come first served.**

**Valid 10/7-12/8**

- **$65/105/150**

### Class Level Key:

- **Complexity:**
  - Low
  - Medium
  - High

- **Intensity:**
  - Low
  - Medium
  - High

### Fall 2017

**OCT 7 – JAN 12**

**NO CLASSES // NOV 11 AFTER 12PM // NOV 22–26**

**Schedule:**

- **FIT–YOGA PASS**
- **RECREATION PASS**
- **FREE!**
- **Try Before You Buy, Free for the First Week of Classes!**

### Ocotber 7

- **FIT–YOGA PASS**
- **RECREATION PASS**
- **FREE!**
- **Try Before You Buy, Free for the First Week of Classes!**

### November 7

- **FIT–YOGA PASS**
- **RECREATION PASS**
- **FREE!**
- **Try Before You Buy, Free for the First Week of Classes!**

### December 7

- **FIT–YOGA PASS**
- **RECREATION PASS**
- **FREE!**
- **Try Before You Buy, Free for the First Week of Classes!**