Knock Around Summer Camps

2017 Registration! Saturday March 4th 8am
Knock Around Camps
Description and Requirements
The Knock Around Camps are built upon our belief that environment dictates a child’s summer experience. Each summer we at Knock Around strive to create a low pressure, high energy, positive environment where children are encouraged to create friendships, explore creativity, and have the time of their lives.

In each of our camps, children are introduced to a wide variety of activities designed to promote teamwork, self-esteem, leadership, cultural awareness, and friendship.

This summer we’re offering a myriad of camp options. Look them over and if you have any questions, feel free to contact: Katie Shaw-Bullock (Gidget) at (858) 534-3911 or kshawbullock@ucsd.edu; Ben Brickley (Brick) at (858) 822-0532 or bbrickley@ucsd.edu

In order to participate in any of our Knock Around Camp Programs, all campers must meet the following minimum requirements:

- Be 5 years of age prior to the first day of session
- Be potty trained
- Ability to understand and abide by camp rules and follow direction
- Ability to participate safely and effectively in a variety of physical & instructional activities and communicate needs
- Ability to pay attention without being disruptive
- Ability to understand consequences of inappropriate behavior
- Ability to dress themselves with minimal assistance
- Ability to interact with peer group in a civil manner
- Understand how to respect others and their personal belongings

Counselors
Our counselors are positive, energetic, highly motivated UC San Diego students or recent alumni. We believe it is our counselors that separate Knock Around from many other day camps in San Diego. As college students, the counselors can play an active role in each child’s life as a positive role model. They create an energetic and open atmosphere that helps campers feel comfortable to be themselves.

All counselors are:

- Certified in CPR and First Aid
- Familiar with the UCSD campus
- Experienced in working with children
- Positive role models

Knock Around Classic Camp
Ages 5-11
Heading into its 27th summer, the Knock Around Classic Camp is a coed, full-day camp program. Nestled between UCSD’s Muir and Revelle College in the Main Gym facilities, Knock Around Classic Camp takes advantage of our unique access to UC San Diego’s vast resources in creating a daily schedule that keeps children active and occupied from the early morning until the late afternoon.

By blending scheduled activities with free-time play, Knock Around Classic Camp provides children the opportunity to learn new skills, develop game strategy, and engage in positive social interactions in a friendly, extended family type of environment. Schedules vary by week but can include such activities as swimming, arts and crafts, gymnastics, global kids, outside performers, camp games, and special events! The Knock Around Classic Camp program runs from 8am to 4:45pm. After Camp Care is available from 4:45–5:30pm and costs $40 per two week session.
ARCHERY CAMP  Ages 7–14
Archery Camp teaches archery skills and teamwork in a safe and monitored environment on our rooftop facility. Emphasis will be on learning form and proper shooting technique, and campers will have plenty of time to practice hitting various targets. All experience levels are encouraged to participate! Archery equipment is provided. Archery Camp will take place entirely off site from the main camp in the Warren College area. Campers will utilize the rooftop facility for archery, swim in Canyonview Pool, and play camp games in Warren College. Archery Camp runs from 9am to 4pm. Before Camp Care is available from 8am to 9am and costs $20 per one week session. After Camp Care is available until 5pm and costs $20 per one week session.

KNOCK AROUND BEACH CAMP  Ages 8–14
Located next to the Scripps Institution of Oceanography (SIO), our Beach Camp will take the Knock Around philosophy and apply it to the beach. Campers will have the opportunity to take surf lessons, hike to tide pools, learn basics of marine biology, build sandcastles, and play on the beach.
Surf instructors and certified lifeguards are present the whole camp day and adhere to a ratio of three children to every one adult when playing in the ocean. All campers who wish to go in the ocean must pass a swim test on the first day of the session.
Beach Camp runs from 9am to 4pm. Before Camp Care is available from 8am to 9am and costs $40 per two week session. After Camp Care is available until 5pm and costs $40 per two week session.

KNOCK AROUND GYMNASTICS CAMP  Ages 7–12
Young gymnasts will love our Knock Around Gymnastics Camp! Gymnastics activities will be held in our gymnastics facility in the Main Gym south balcony. Campers will also be included in other Knock Around Camp games, events, and swimming in our indoor natatorium pool. Gymnastics Camp provides expert coaching from our experienced staff to our campers in a positive and non-competitive environment. The camp will focus on introducing new and improving existing gymnastic skills, while creating a fun and memorable summer experience for all campers.

KNOCK AROUND GYMNASICS CAMP

Knock Around Specialty Camps are designed to give campers ages 7+ a more in-depth immersion experience while still maintaining the fun, non-competitive spirit of the Classic Camp. Qualified staff members bring years of experience in their program area and head up each Specialty Camp. Most programs run for a one-week session from 8am to 4:45pm, and have individualized programming in the morning before linking up with the Classic Camp for swimming and games in the afternoon. The exception to this is Archery Camp (read description below for more information). Additionally, After Camp Care is available for all Specialty Camp programs.
The cost is $20 per one week session and runs daily from 4:45–5:30pm.

Knock Around Specialty Camps
Tennis Camp

Ages 7–12

Tennis Camp is a non-competitive camp for kids who have an interest in learning more about the game. The small-group atmosphere and fun and positive environment allows for campers to get a good intro to tennis in a short amount of time. Campers will leave with new and improved skills and an appreciation for the game of tennis. Some racquets are available, but campers are encouraged to bring their own.

Creative Writing Camp

Ages 8–12

Creative Writing Camp will foster in kids a new, more positive relationship with the written word and work towards developing campers own ‘voice’, all the while embellishing writing skills that will help them achieve greater success with school assignments. Campers will learn to creatively think outside the box while completing various individual and group projects. As part of the Knock Around family, the order of the day will be fun and friendship!

Wacky Science Camp

Ages 7–12

Campers will cultivate a love of science as they participate in one crazy experiment after another in Wacky Science Camp! Basic age-appropriate science principles will be taught as the campers get hands-on experience in this safe and engaging program.

Fencing Camp

Ages 7–14

The Jr. Musketeers program teaches the sport of fencing to all levels. The program emphasizes skills development and immediate application to competitive fencing. Fencers will enhance technique through individual lessons and drills. We stress the learning of competitive skills and good sportsmanship as well as applying skills learned to the development of positive character. Fencing equipment is provided.

Hip Hop Dance Camp

Ages 7–12

This high energy Dance Camp will get kids moving while teaching basic hip hop techniques. Campers will learn the basics of body control, memory, and quick pick-up. No previous dance experience required!

Sports Camp

Ages 7–12

If your camper is looking for one week of all the best games and sports that Knock Around has to offer, this camp is for them! Campers will participate in a variety of traditional and non-traditional sports and the most popular Knock Around Camp games. Participants should be energetic and prepared to be active the entire day!
**ROBOTICS CAMP**  
* Ages 8–14

Robotics campers will learn the ins and outs of basic programming while building a robot made of Legos. Counselors will guide your camper to the ultimate goal of completing a functional robot that will compete in an end-of-session contest. Not to be missed!

**MUSICAL THEATRE**  
* Ages 7–12

Campers will sing, dance, and act out some of their favorite musical numbers in this creative camp! Young performers will develop an appreciation for musical theatre while working together to produce an end-of-session theatrical performance for parents. *We will be offering 2 two week sessions of Musical Theatre Camp this summer.*

**CIRCUS ARTS**  
* Ages 7–12

Circus Arts Camp will introduce campers to circus and performing arts in a safe and non-competitive environment. Activities will include aerial silks, juggling, slack lining, unicycling, face painting, and mime! Guaranteed to be an experience to remember!

**AQUATICS CAMP**  
* Ages 8–14

If your camper’s favorite time of day is swim-time, then this is the camp for them! Though campers will learn the basics of each swim stroke, the focus will be on fun and games in the pool. Inner-tube water polo, diving lessons, synchronized swimming, kayak jousting, and lots of pool games will keep your campers occupied throughout the morning. If your camper can’t get enough of the water, Aquatics Camp is a must!

**RAP/PERFORMANCE POETRY**  
* Ages 10–14

Campers who enjoy writing and performing their work will love our Rap Camp! Campers will learn how to write poetry and will practice performing their written work to a beat. Creative writers will love seeing their thoughts and ideas come alive on stage. With the help of Shakespeare and Isaac B., young performers will learn how to perform their poetry and rap battle with the best!

**OUTDOOR ADVENTURES**  
* Ages 7–12

Outdoor adventurers will love to explore the outdoors in this fun, nature-inspired camp. Rock-climbing, gardening, hiking, and basic outdoor skills will be taught by some of our counselors and Outback professionals. If your camper likes to adventure outdoors, then this is the camp for them!

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* New for 2017
Leadership Camps

For Campers Entering 7th, 8th, and 9th Grade

Designed to capitalize on the positive environment of Knock Around, Leadership Camp is a unique opportunity for young teens to interact with great role models as well as form friendships with their peers in a low pressure, active environment! Each session offers a theme around which the camp experience is based. Activities are aimed at challenging the campers and propelling them into leadership opportunities through team exercises, specially designed challenges, and hands-on mentorship with the Knock Around campers. Of course there will still be plenty of time for fun and games as well! This summer we are offering 4 two week sessions of Leadership Camp, and 2 one week sessions of Leadership Beach Camp!

Session 1 - Leadership at the Beach June 19–23
$195/$200

For the first time ever, we are offering Leadership Camp based entirely at the beach! Located next to Scripps Pier, our leadership campers will have the opportunity to take surf lessons, hike to tide pools, learn the basics of marine biology, build sand castles, and spend the day at the beach. Much like traditional Beach Camp, all campers who wish to go in the ocean must pass a swim test prior to the first day of the session.

Session 2 - Food and Fitness June 26–July 7
$350/$360

Campers will learn all about different types of food and techniques for preparing healthy and delicious meals and snacks. Practical in-the-kitchen experience will give campers a chance to prepare a meal for their peers. Throughout the session campers will also learn about maintaining a healthy, active lifestyle and participate in sports and fitness activities.

Session 3 - Outdoor Adventure July 10–21
$400/$410

Outdoor Adventure Camp will allow campers to experience the outdoor lifestyle of San Diego while working with their peers to complete basic survival challenges. Campers will learn fundamental camping skills, such as pitching a tent and reading a compass. The two week session will wrap up with an overnight camping trip with UC San Diego Outback Adventures, which guarantees lots of fun-filled memories!

Session 4 - Ocean Life and Conservation July 24–August 4
$400/$410

Dive into the world of the deep blue sea and explore its many mysteries! Campers will be immersed in basic marine biology and visit the Birch Aquarium as part of their quest to understand the challenges that ocean conservationists face. They will also get a chance to experience the thrill of the waves with trips to the beach and kayaking in Mission Bay.

Session 5 - Shutterbug and Multimedia August 7–18
$390/$400

Say cheeeese! In this session we will explore digital media through both photography and video. As a group, the campers will decide on a theme to create the much anticipated camp movie, then work together to film, edit, and present their final take to the rest of camp!

Session 6 - Leadership at the Beach August 21–25
$195/$200

For the first time ever, we are offering Leadership Camp based entirely at the beach! Located next to Scripps Pier, our leadership campers will have the opportunity to take surf lessons, hike to tide pools, learn the basics of marine biology, build sand castles, and spend the day at the beach. Much like traditional Beach Camp, all campers who wish to go in the ocean must pass a swim test prior to the first day of the session.
Knock Around Junior Counselor Program

Designed for high school students who would like to further enhance their leadership abilities and learn what it is like to be a counselor at Knock Around Camp. All Junior Counselors will be placed into a group alongside two full-time counselors and asked to take on certain responsibilities, including: dynamically interacting with the campers, facilitating games and projects, monitoring the safety of camp, and participating in various camp activities. In exchange, Junior Counselors will gain positive workplace experience, leadership skills, an environment to grow creatively, and the extreme satisfaction that comes with being a mentor to younger children. Space for the Junior Counselor program is limited and prospective participants must meet the following criteria to be considered for the program:

- Participant must have completed at least one year of high school
- Participant must complete and return the application to Gidget by March 20th
- Participant (even if returning from last summer) must be available to participate in a training day on Saturday, May 20th from 9am–3pm
- Participant must be available to participate in one of two camp work days: Friday, July 14th from 4–6pm or Friday, August 11th from 4–6pm
- Participant must complete CPR/First Aid certification prior to the first day of their scheduled session.

Due to the popularity of the Junior Counselor program, we unfortunately cannot guarantee a spot to everyone who wishes to participate. We will notify the prospective participants by April 14th as to whether they have been selected for the 2017 Junior Counselor program. Participants selected as Junior Counselors will be assigned to a group for a minimum of two weeks according to their schedule and our program needs.

The following program costs for training and CPR/First Aid certification apply to all participants selected as Junior Counselors and are payable by check (made out to UC Regents) on the day of training:

- First Year Junior Counselor with Training and CPR/First Aid Certification: $195
- Returning Junior Counselor with Training only: $50
- Returning Junior Counselor with Training and CPR/First Aid Recertification: $90

Applications will be available starting on February 10th and are due back by March 20th.

Please have the prospective participant email Gidget at: kshawbullock@ucsd.edu to receive an application or with any questions.
HOW TO REGISTER

The form on the inside cover must be used for all Knock Around Summer Camps registration. Please fill out the form completely. Please be sure to include a phone number and email address.

Registration dates — UC San Diego faculty/staff/students or returning families from Spring/Summer 2016 registration will take place on SATURDAY, March 4th, 8am, at the RIMAC Sales Desk. Open registration for community members will begin on April 3rd.

*Not sure where to go to register? See the map and driving directions to RIMAC on the following page.

Eligibility for registration — In order to process your registration, you must have proof of affiliation to UC San Diego (bring your official UC San Diego ID card) or you must have had a camper attend one session of Spring/Summer 2016. We will check our records.

Registration Information — Returning families who have attended Knock Around Camp for 6+ years will be given priority registration. You do not need to attend registration on March 4th. You will receive specific registration instructions via email by February 6th. Returning families who have attended 5 years or fewer and new affiliates will register in person on Saturday, March 4th. We will be doing a lottery in advance of registration day and sending out each family’s order # ahead of time. Please read through our detailed registration instructions and information below.

Registration Instructions — Each family will receive one ticket for each year they have attended Knock Around Camp, plus one additional. (i.e. the Shaw-Bullock family has attended camp for five summers, so they will have six tickets in the lottery; the Brickleys attended last summer for the first time, so they will have two tickets in the lottery). Returning families and affiliates from Spring/Summer 2016 will be entered into the lottery based on the amount of years they have attended camp. If you are a new affiliate and have yet to attend camp, you will be entered into the lottery one time. Once we have held the lottery, you will receive a set order number for the March 4th registration day. We are planning to do the lottery on Thursday, February 23rd and will send out the order by Friday, February 24th. If you know of a 2016 returner and/or new UCSD affiliate that is not on our email list, please let them know to email me so they can be added to the lottery. Additionally, if you are receiving this email and will not be present on Saturday, March 4th, please let me know so I can remove you from the lottery. Anyone not a part of this list that contacts me after February 23rd will automatically be added to the end of the lottery list.

Refund policy — Refund requests must be made no later than two weeks prior to the first day of your session. There are NO REFUNDS once your session has started. To make a refund request, please email: kshawbullock@ucsd.edu

Refunds will be charged $40 per child for each session, which will be deducted from your registration fee.

Camp registration rules:

1. You may register your own family member(s) or send someone in your place, but you cannot do both; i.e., Cathy Smith is enrolling her son Gavin for camp. She cannot bring her neighbor’s registration form.
2. Only one lottery number per family.
3. There are NO mail-in or online registrations; we will only accept walk-in registration.

For more information please contact:
Katie Shaw-Bullock (Gidget) at
kshawbullock@ucsd.edu or (858) 534-3911

Ben Brickley (Brick) at
bbrickley@ucsd.edu or (858) 822-0532
**DRIVING DIRECTIONS**

From I-5 (Interstate 5) to Genesee Avenue:
Go west on Genesee. Turn left (south) on N. Torrey Pines Road (far left lane). At the first light (North Point Drive), turn left. Continue on around Campus Loop Road past the fields and RIMAC. The Hopkins Parking Structure will be on your right.
Knock Around Camps Registration Form

**Camper information** Please print clearly. One registration form per camper

**Camper name:** FIRST ______________________________________________________ LAST ______________________________________
Male _________ Female _________ Birthdate _________________________ Grade Fall 2017 ________________

T-shirt size Kid's sizes: □ Small □ Medium □ Large
(check one) Adult sizes: □ Small □ Medium □ Large □ X-Large

Parent's name: FIRST ______________________________________________________ LAST ___________________ ____________________________________
Parent's name: FIRST ______________________________________________________ LAST ___________________ ____________________________________

Mailing address ________________________________________ ________________________________________________________________________________
City/State ______________________________________________ Home phone __________________________ Work phone __________________________
Campus mail code ______________________________________ Email ________________________________________________________________________

**Affiliation:** Select proper affiliation below. You must bring proof of affiliation to registration day (UCSD ID).
☐ UC San Diego Staff ☐ UC San Diego Faculty ☐ UC San Diego Student ☐ Returnee 2016

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### Knock Around Classic Camps (Two-Week Sessions)

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### Knock Around Specialty Camps (One-Week Sessions)

*Musical Theatre Camp only offered in two-week sessions

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*First price for UC San Diego affiliates/second price for non-UC San Diego affiliates