Backpack San Gorgonio Packing List

Below is a list of things you should bring. Please print out this list and bring it to your pre-trip meeting. If you have any questions about what you need, your guides will be happy to answer them at that time.

**Outback will provide**

- Outback Adventures Guides
- Camping Gear: tents, tarps, sanitation equipment, cooking gear, etc
- Roundtrip transportation from Outback Adventures
- All necessary permits, entrance and camping fees
- Free backpack rental (*You must rent this during store hours prior to the departure of your trip.*)
- 7 meals in the field & drinking water
  - Saturday — lunch & dinner
  - Sunday — breakfast, lunch & dinner
  - Monday — breakfast & lunch
  - NOT INCLUDED: Two road meals (i.e. In-N-Out Burger, Mexican Food etc)

**YOU SHOULD BRING:** Please be aware that all of these items will get dirty

- Long underwear tops & bottoms*
- Warm Coat
- Raingear (jacket & pants)*
- Warm Pants — ideally not cotton
- Sweater/Fleece — ideally not cotton
- Boots/Sturdy Shoes
- Warm Hat* & Gloves/Mittens*
- Socks*/Underwear
- Bandana (dust protection for nose/mouth)*
- T-shirts
- Long-sleeved Shirt
- Long Pants
- Very warm coat
- Sleeping Bag (0 degree)* & Sleeping Pad*
- Sunglasses*
- Sun Hat
- Day Pack/Book Bag *
- Swim suit and towel
- Headlamp or Flashlight and Extra Batteries*
- Medications/Toiletries
- Sunscreen/Lip Balm (SPF 15 or higher)*
- Water bottle/bladder (at least 32 oz)*
- Personal Bowl*, Cup* & Spoon*
- Snacks
- Money (for road meals, souvenirs, etc)
- Passport and visa
- Book/Journal/Cards (optional)
- Camera (optional)

* Items can be purchased or rented at Outback Adventures. Rentals for trips receive a 50% discount, but must be reserved in advance. Store hours: M-F 12:00pm – 6:00pm. Questions? Call: 858-534-0684.

**NOTE:** All non-US citizens must have a passport and a current Visa due to the Border patrol checkpoints between UCSD and Joshua Tree National Park.