

## Joshua Tree Backpacking Packing List

Below is a list of things you should bring. Please print out this list and bring it to your pre-trip meeting. If you have any questions about what you need, your guides will be happy to answer them at that time.

### Outback will provide

- Outback Adventures Guides
- Camping Gear: tents, tarps, sanitation equipment, cooking gear, etc
- Roundtrip transportation from Outback Adventures
- All necessary permits, entrance and camping fees
- Free backpack rental (**You must rent this during store hours prior to the departure of your trip.**)
- 7 meals in the field & drinking water
  - o Saturday — lunch & dinner
  - o Sunday — breakfast, lunch & dinner
  - o Monday — breakfast & lunch
  - o NOT INCLUDED: Two road meals (i.e. In-N-Out Burger, Mexican Food etc)

YOU SHOULD BRING: Please be aware that all of these items will get very dusty!

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|--|--|
| <input type="checkbox"/> Long underwear tops & bottoms*            | <input type="checkbox"/> Day Pack/Book Bag *                         |
| <input type="checkbox"/> Warm Coat                                 | <input type="checkbox"/> Swim suit and towel                         |
| <input type="checkbox"/> Raingear (jacket & pants)*                | <input type="checkbox"/> Headlamp or Flashlight and Extra Batteries* |
| <input type="checkbox"/> Warm Pants — ideally not cotton           | <input type="checkbox"/> Medications/Toiletries                      |
| <input type="checkbox"/> Sweater/Fleece — ideally not cotton       | <input type="checkbox"/> Sunscreen/Lip Balm (SPF 15 or higher)*      |
| <input type="checkbox"/> Boots/Sturdy Shoes                        | <input type="checkbox"/> Water bottle/bladder (at least 32 oz)*      |
| <input type="checkbox"/> Warm Hat* & Gloves/Mittens*               | <input type="checkbox"/> Personal Bowl*, Cup* & Spoon*               |
| <input type="checkbox"/> Socks*/Underwear                          | <input type="checkbox"/> Snacks                                      |
| <input type="checkbox"/> Bandana (dust protection for nose/mouth)* | <input type="checkbox"/> Money (for road meals, souvenirs, etc)      |
| <input type="checkbox"/> T-shirts                                  | <input type="checkbox"/> Passport and visa                           |
| <input type="checkbox"/> Long-sleeved Shirt                        | <input type="checkbox"/> Book/Journal/Cards (optional)               |
| <input type="checkbox"/> Long Pants                                | <input type="checkbox"/> Camera (optional)                           |
| <input type="checkbox"/> Very warm coat                            |  |
| <input type="checkbox"/> Sleeping Bag (0 degree)* & Sleeping Pad*  |  |
| <input type="checkbox"/> Sunglasses*                               |  |
| <input type="checkbox"/> Sun Hat                                   |  |

\* Items can be purchased or rented at Outback Adventures. Rentals for trips receive a 50% discount, but must be reserved in advance. Store hours: M-F 12:00pm – 6:00pm. Questions? Call: 858-534-0684.

*NOTE: All non-US citizens must have a passport and a current Visa due to the Border patrol checkpoints between UCSD and Joshua Tree National Park*