

# Black Canyon Kayak Packing List

## OUTBACK WILL PROVIDE:

- Outback Adventures Guides
- Camping Gear: tents, tarps, sanitation equipment, cooking gear, etc.
- Dry bags for personal and group equipment
- Roundtrip transportation from Outback Adventures
- All necessary permits, entrance and camping fees
- 50% rental discount for the trip from the Outback Rental Shop
- 18 meals in the field & drinking water
  - Sunday — light breakfast & dinner
  - Monday-Friday — breakfast, lunch & dinner
  - Saturday — breakfast
  - **NOT INCLUDED:** Two road meals (i.e. In-N-Out Burger, Mexican Food etc)

## YOU SHOULD BRING:

- |   |   |
|---|---|
| <input type="checkbox"/> Long underwear tops & bottoms*   | Batteries*  |
| <input type="checkbox"/> Warm Coat  | <input type="checkbox"/> Whistle  |
| <input type="checkbox"/> Raingear (jacket & pants)*   | <input type="checkbox"/> Toiletries   |
| <input type="checkbox"/> Warm Pants – ideally not cotton  | <input type="checkbox"/> Sunscreen/Lip Balm (SPF 15+)*                                |
| <input type="checkbox"/> Warm Fleece/Jacket – not cotton  | <input type="checkbox"/> Feminine supplies  |
| <input type="checkbox"/> Camp Shoes (closed-toe sneakers)   | <input type="checkbox"/> Prescription medicine and eyewear                            |
| <input type="checkbox"/> Water shoes or sandals (must have a heel strap and stay on in swift water) | <input type="checkbox"/> Water bottles/bladder (at least 2 liter capacity)*           |
| <input type="checkbox"/> Warm Hat* & Gloves/Mittens*  | <input type="checkbox"/> Snacks   |
| <input type="checkbox"/> Socks*/Underwear/Sports Bras   | <input type="checkbox"/> Money (\$80-\$120)   |
| <input type="checkbox"/> T-shirts   | <input type="checkbox"/> Passport and visa  |
| <input type="checkbox"/> Long-sleeved Shirt   | <input type="checkbox"/> Paddle Gloves (optional)                                     |
| <input type="checkbox"/> Long pants – not cotton  | <input type="checkbox"/> Ground Cloth or Tarp for sleeping under the stars (optional) |
| <input type="checkbox"/> Sleeping Bag (0° F)* and Pad*  | <input type="checkbox"/> Bug repellent (optional)                                     |
| <input type="checkbox"/> Sunglasses* and Retainer Strap*  | <input type="checkbox"/> Book/Journal/Cards (optional)                                |
| <input type="checkbox"/> Sun Hat*   | <input type="checkbox"/> Camera (optional)  |
| <input type="checkbox"/> Day Pack/Book Bag *  |   |
| <input type="checkbox"/> Board Shorts/Swim Suit and Towel   |   |
| <input type="checkbox"/> Headlamp/Flashlight and Extra  |   |

\* Items can be purchased or rented at Outback Adventures. Rentals for trips receive a 50% discount, but must be reserved in advance. Store hours: M-F 12:00pm – 6:00pm. Questions? Call: 858-534-0684.

*NOTE: All non-US citizens must have a passport and a current Visa in case we pass a boarder control checkpoint.*