2024-2025 TRAVEL GUIDE



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"Sports Clubs empowers students and cultivates a sense of community through intercollegiate competition, leadership development, and engagement opportunities"

Welcome to San Diego

Dear Guest:

Welcome to UC San Diego! As we look forward to your team's visit, the Sports Clubs staff has compiled this travel guide in the hopes that you'll utilize it as an invaluable online resource. Inside you'll find a useful collection of information to assist you during your stay, including travel tips, dining hotspots, lodging, entertainment attractions and more! It's our hope that this guide will make your time spent here that much more enjoyable.

So, What's San Diego Like?

Renowned for its idyllic climate, San Diego is blessed with 70 miles of pristine beaches and a dazzling array of world-class family attractions. Popular tourist hotspots include the world-famous San Diego Zoo and Wild Animal Park, SeaWorld San Diego, and LEGOLAND California. San Diego offers an expansive variety of things to see and do, appealing to guests of all ages from around the world.

For our nature-conscious visitors, San Diego's East County terrain varies from gentle foothills to mile-high mountains including the historic mining town, Julian. Coupled with the majestic 600,000-acre Anza Borrego Desert State Park, San Diego offers endless opportunities to hike, camp, fish, and observe wildlife in pristine natural beauty.

San Diego's artistic side is also booming. Balboa Park, the largest urban cultural park in the U.S., is home to a staggering 15 museums, numerous art galleries, beautiful gardens, and of course the Tony Award-winning Globe Theater. And if it's the culinary arts you're interested in, San Diego's got you covered with the hottest new culinary talents preparing award-winning meals throughout the region's 6,400 eating establishments. San Diego County features 92 golf courses, a variety of exciting participatory and spectator spots, beachfront resorts, luxury spas, gaming, a dynamic downtown district, annual special events and unique holiday offerings, multicultural festivals and celebrations, a rich military history, colorful communities and so much more. We hope you enjoy your stay here in beautiful San Diego.

When you get to UCSD, remember that there are policies that will be enforced and must be followed. Please respect those who ask you to do so, including campus signs.

Stay Classy!

University of California, San Diego Sports Clubs Staff



General Contacts

Front Desk of RIMAC: (858) 534-3557

Sports Club Office: sportsclubs@ucsd.edu

Campus Athletic Facilities Directions

UCSD Sports Clubs Department Address

9500 Gilman Drive, MC 0529 La Jolla, CA 92093-0529

Directions to Liontree Arena, RIMAC Field, and the Track and Field Facility

9860 Hopkins Dr, La Jolla, CA 92093



- From Interstate 5, Exit Genesee Ave
- Turn right (west) onto Genesee Ave
- Turn left on N Torrey Pines Rd
- Turn left at the next signal (Northpoint Drive UCSD North Campus Entrance).
- Park in lots 357 or 359, or Hopkins Parking Structure. RIMAC Arena is to the east, atop the ridge. RIMAC Field, the softball stadium, and Triton Soccer Stadium are directly north of RIMAC Arena. The track stadium is north of Northpoint Drive and is accessible from RIMAC Field via a tunnel under the roadway.
- Parking permits are required. See parking.
- Additional parking is located at the Hopkins Parking Deck (continue straight on Northpoint Drive, as it curves to the right it becomes Hopkins Drive and the Hopkins Parking Deck is on the left just past RIMAC.
- Parking permits are required 7 days a week. See <u>parking</u>.

Directions to Canyonview Pool
3302 Voigt Dr, La Jolla, CA 92093



- From Interstate 5, Exit Genesee Ave
- Turn left (east) on Genesee Ave
- Turn right on Campus Point Drive
- Continue Straight onto Voigt Dr.
- Canyonview Pool is on the right.
- Park in lots 510, 701, or 403 or 506. Canyonview Pool is on the north side of Voigt Drive and west of lot 510
- Parking permits are required 7 days a week. See parking.

Directions to Main Gym, Rec Gym, Muir Field, and the Natatorium

2995 Scholars Ln, La Jolla, CA 92093



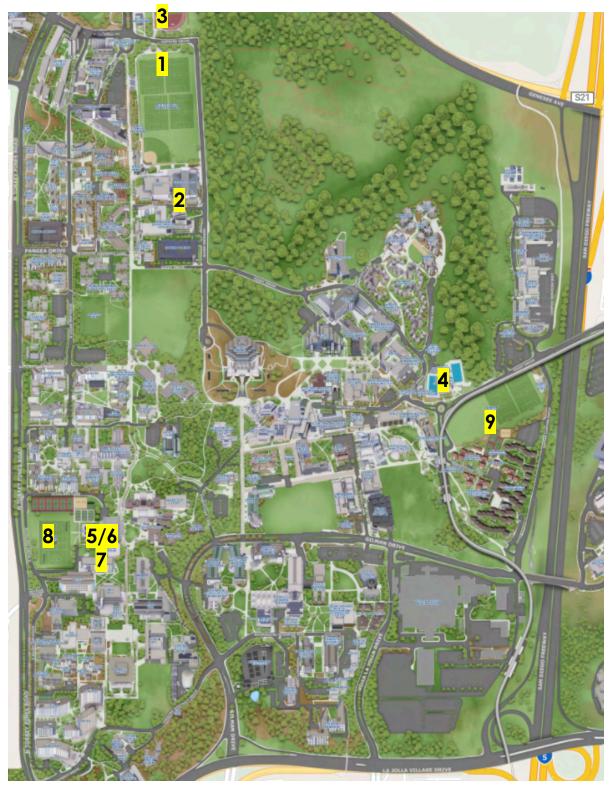
- From Interstate 5, Exit La Jolla Village Drive
- Turn right on La Jolla Village Drive
- Turn right onto La Jolla Shores Drive
- Turn left onto S Scholars Dr
- Turn right onto Scholars Ln. There is a parking lot at the end of the road. If it's full, park in Scholars Parking Structure.
- Parking permits are required 7 days a week. See parking.





- From Interstate 5, Exit Genesee Ave
- Head West on Genesee Ave
- Turn left on Torrey Pines Rd
- Turn left at the next signal (Northpoint Drive UCSD North Campus Entrance) Continue straight onto Hopkins Dr
- Turn Left onto Voigt Dr, continue Left on Voigt Dr
- Park in the lot on your right located across the field on Voigt Dr. Lot 510.
- Entrance to the Field is on the North East corner
- Parking permits are required 7 days a week. See parking.

UCSD Campus Map



- 1: RIMAC Field
- 2: Liontree Arena
- 3: Track and Field
- 4: Canyonview Pool
- 5: Main Gym
- 6: Natatorium
- 7: Rec Gym
- 8: Muir Field
- 9: Warren Field

Parking Information

UCSD Campus Parking Office (2nd level of Gilman Parking Structure)
9500 Gilman Drive, Mail Code 0040
La Jolla, CA 92093-0040
Campus Permit Sales (858) 534-4223

Parking Payment Required 7 Days a Week

Weekdays from 7 a.m. to 11 p.m. and weekends from 10:30 a.m. to 11 p.m. on the main campus, UCSD visitors must pay a fee to help support construction, maintenance, and administration of parking facilities. If you plan to park, you must display a valid parking permit, pay a parking meter or pay upon exit at our gate-arm facilities during these hours (parking is free on the main UCSD campus during designated university holidays).

General information: If you're a visitor to UC San Diego, please follow these tips: **Weekdays and Weekdays:**

Between 7 a.m. and 11 p.m., you have 2 choices:

- 1. Purchase a General Visitor Permit via pay stations in parking lots:
- 2. Purchase a General Visitor Permit via the Parkmobile App.

Conditions:

- o You can buy "V" (Visitor) permits at pay stations (located in all parking lots)
- o Parking Rates:

30 minutes or less: no charge

Each additional hour \$4.20 (daily maximum \$33.60)

After 5pm on weekdays and weekends \$2.10/hr (daily maximum \$8.40)

- o A visitor permit allows parking in the following spaces:
 - V: 24 hours daily
 - D: 24 hours daily
 - S: 4 p.m. 7:30 a.m. daily
 - B: 4 p.m. 7:30 a.m. daily
 - A: 4 p.m. 7:30 a.m. daily (except "A permit required 24/7 spaces)

For more specific parking Information: UCSD Visitor Parking Information

Emergency and Athletic Training Info

Visiting Team Policies and Procedures

1) <u>The UCSD Sports Medicine team (athletic trainers and/or team physicians) reserves the right to disallow participation to any athlete we deem medically unfit to participate regardless of private physician approval or recommendation.</u>

2) Event coverage

- **a)** UCSD Athletic Trainers will be at all Men's and Women's Rugby, Men's and Women's Lacrosse, and Ice Hockey games that the UCSD team is participating in. Men's and Women's Soccer and Ultimate Frisbee will also be covered as schedules permit; other sports will be covered on a case by case basis.
- **b)** ATs will provide coverage for single games that UCSD participates in; UCSD ATs will only provide coverage for multiple games during tournaments (including games that UCSD does not participate in).
- **c)** ATs will NOT provide coverage for "hosted" single games on our fields. It is the UCSD captain's/ coach's responsibility to contact the competing schools and ask them to bring their own AT or to hire an outside athletic trainer from our approved list to work such events.
- d) For covered events athletic trainers will usually be available for taping 30 minutes prior to the beginning of the warm-up. Note: Athletic trainers are not responsible for diagnosing / evaluating pre-existing conditions.

3) Athletic Training Students

a) The UCSD athletic training room is a teaching environment, with many eager and intelligent students ready to gain knowledge from an injury and assist with your needs. Athletic Training Students will often assist during events allowing the Athletic Trainers to work more efficiently. Your patience and cooperation with them is greatly appreciated.

4) Water and Ice

a) Water and ice will be provided by the athletic training room for Men's and Women's Rugby, Men's and Women's Lacrosse, Men's and Women's Soccer, and Ice Hockey. Ice and limited water will be available for Ultimate tournaments at the Athletic Training Station.

5) Tape/Supplies

a) Tape and other supplies will be available to a select number of visiting teams, as these teams have opted to pay for supplies for visiting teams. It is still highly encouraged to please bring your own First Aid kits and tape to all events.

Local Hospitals

Scripps Memorial Hospital La Jolla

9888 Genesee Ave, San Diego, CA 92037 +18588341798

Jacobs Medical Center at UC San Diego Health

9300 Campus Point Dr, San Diego, CA 92037 +18586577000

Thorton Hospital

9300 Campus Point Dr, La Jolla, CA 92037 +18586577000

Sharp Memorial Hospital

7901 Frost St, San Diego, CA 92123 +18589393400

Visiting Team Group Waiver

Visiting teams playing UC San Diego Club Sport teams are required to fill out a group waiver before competition. This waiver can be printed and filled out in advance by visiting the recreation page, or can be signed on site as all competitive sports supervisors will provide one on location on the day of the event.

Local Hotels



3299 Holiday Court La Jolla, CA 92037 Tel: (866)-716-8130

Fax: (858)-453-5550

www.sheraton.com/lajolla

ROOM RATE:

Group room rates are seasonal

and based on room requirements

- Range from \$150-\$300 a night
- Visit website for details

AMENITIES:

- Free wireless internet in lobby and rooms
- Handicap accessible facilities
- Laundry and dry-cleaning service
- Valet service
- Complimentary fitness facility
- Outdoor heated pool and hot tub
- 3 mins (0.5 miles) from UCSD

MEETING FACILITIES:

- 10 meeting spaces
- Accommodates from 10 to 200
- Wireless Internet available with fee



8901 Gilman Drive La Jolla, CA 92037

Tel: (858)-587-1770 Fax: (858)-552-0387 www.mariott.com

ROOM RATE:

• Group room rates are seasonal

and based on room requirements

- Range from \$250-\$500 a night
- Visit website for details

AMENITIES:

- Free wireless internet in lobby and rooms
- Handicap accessible facilities
- In-room kitchen
- Free full American and Hot Breakfast
- Complimentary fitness facility
- Outdoor heated pool
- 2 mins (0.2 miles) from UCSD

MEETING FACILITIES:

- 2 event rooms, 861 sq ft total event space
- Accommodates up to 24 guests per space.
- Wireless Internet available with fee



4610 De Soto St, San Diego, CA 92109 Tel: (858)-483-9800

www.wyndhamhotels.com

ROOM RATE:

- Group room rates are seasonal and based on room requirements
- Visit website for details

AMENITIES:

- Free wireless Internet
- EV Charging
- Free Parking
- Outdoor Pool
- Pet Friendly

8 mins (5 miles) from UCSD

DINING FACILITIES:

- Complimentary breakfast buffet
- Close to several restaurants



631 Camino del Rio S, San Diego, CA 92108

Phone: 619-762-5689 Fax: 619-294-7531

www.wyndhamhotels.com

ROOM RATE:

- Group room rates are seasonal and based on room requirements
- Visit website for details

AMENITIES:

- 100% Smoke free
- Free high speed wireless Internet
- Fitness center
- Outdoor pool and spa
- Discounted SD attraction tickets
- Laundry facilities
- 13 mins (10 miles) from UCSD

DINING FACILITIES:

- Complimentary coffee and tea.
- Several restaurants within 2-3 miles.



2380 Moore St,

San Diego, CA 92110

Hotel Line: (619) 984-4522 Hotel Fax: (619) 297-6179

https://www.choicehotels.com/cali fornia/san-diego/comfort-inn-hotel

s/ca601?mc=llgoxxpx

ROOM RATE:

- Average price: \$100- \$250 per night for up to six people including full breakfast
- Group rates available by visiting their website

AMENITIES:

- Free high-speed internet
- Indoor Parking
- Business Center
- Refrigerators and microwaves in every room
- Outdoor heated pool
- 13 minutes (10 miles) from UCSD

DINING FACILITIES:

Complimentary full hot breakfast

MEETING FACILITIES:

 Based on availability, contact Sales for information



5925 Lusk Blvd.

San Diego, CA 92121

Hotel Line: (858) 731-0100

www.ihg.com

ROOM RATE:

- Average price: \$100-\$250 per night
- Group rates available by visiting their website

AMENITIES:

- Free high-speed internet
- Indoor Parking
- Business Center
- Daily housekeeping
- Outdoor heated pool
- 9 minutes (4 miles) from UCSD

DINING FACILITIES:

- Complimentary full hot breakfast
- Off-site restaurant delivery available

MEETING FACILITIES:

 Based on availability, contact the front desk for information



Corporate Preferred Rates at Hilton La Jolla Torrey Pines

UC San Diego

Your Seaside Escape Awaits

2024 Corporate Preferred Rate:

- \$269 VIP Room Rate
 - Includes Expanded Continental Breakfast and Pool View
- Or 15% Off Best Available Rate
- · 72 Hour Cancellation
- High-Speed Internet Access
- Optional Resort Fee (\$36)
 - Can opt-in or have the fee waived at check-in.
 - See below for resort fee inclusions!

Hotel Features

- 394 Guest Rooms Featuring a Private Balcony or Patio with
 Views of the Lush Gardens, Pacific Ocean and Torrey Pines Golf Course
- · Torreyana Grille and Lounge
- Horizons Lobby Café Featuring Starbucks® Coffee
- Outdoor Heated Pool and Whirlpool with Oversized Cabanas
- · Fitness Center Featuring Precor® Equipment and Peloton Bikes
- Lighted Sport Courts: Pickleball Courts, Tennis Courts, Basketball Courts and Associated Equipment

Resort Fee Amenities

- · 2 Glasses of House Wine or Tap Beer
- · Access to the Shiley Fitness Center
 - Full-sized fitness facility with an outdoor heated lap pool and running track
- Sport Courts & Equipment Rental Access
 Pickleball courts, tennis courts, basketball courts
- 15% Off the Torrey Pines Golf Course ProShop
- · 2 Bottled Waters Daily
- Yoga Equipment
- · 20% Off Gift Shop
- · Resort Toys and Games





Hilton La Jolla Torrey Pines

10950 North Torrey Pines Road La Jolla, CA 92037 (858)-558-1500 www.hiltonlajollatorreypines.com/



JENNIFER BURNETT

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Local Food Recommendations



On Campus:

Shores Diner

Category: American 105 Eucalyptus Grove Ln, San Diego, CA, 92161

Taco Villa

Category: Mexican 105 Eucalyptus Grove Ln, San Diego, CA, 92161

Dirty Birds

Category: Wings n Things
Price Center, UCSD

Ridgewalk Social

Category: Burgers / Wraps 105 Eucalyptus Grove Ln, San Diego, CA, 92161

<u>Price Center</u> - Part of UC San Diego's student union in the heart of campus, Price Center has numerous styles of culturally diverse food and drink with plenty of seating to enjoy it.

Off Campus:

Dough Momma's

Category: Italian/Pizza
2152 Avenida De La Playa,
La Jolla, CA 92037

Pizza Port

Category: Italian/Pizza 135 N Hwy 101, Solana Beach. CA 92075

Regents Pizza

Category: Italian/Pizza 4150 Regents Park Row #100, La Jolla, CA 92037

<u>Oggis</u>

Category: Pizza/Brewhouse 12840 Carmel Country Rd, San Diego, CA 92130

Shore Rider Bar

Category: Mexican
2168 Avenida De La Playa,
La Jolla, CA 92037

Taco Stand

Category: Mexican 621 Pearl St, La Jolla, CA 92037

Oscars Mexican Seafood

Category: Mexican
746 Emerald St, San Diego,
CA 92109

Tacos El Gordo

Category: Mexican
511 F St, San Diego, CA
92102

Kebab Shop

Category: Mediterranean 8657 Villa La Jolla Dr #105, La Jolla, CA 92037

Micheline's Pita House

Category: Mediterranean 4150 Regents Park Row Suite #120, La Jolla, CA 92037

Board and Brew

Category: Sandwitches 4577 La Jolla Village Dr Suite 1232, San Diego, CA 92122

Rubicon Deli

Category: Sandwitches 4130 La Jolla Village Dr #104, La Jolla, CA 92037

<u>Convoy District</u> - One of the largest Pan-Asian business districts in the United States and is part of the thriving economic hub of Kearny Mesa. From Dim Sum to Korean BBQ to Sushi to Pho, convoy has it all and more!



Movies and Shopping



Movie Theaters

La Jolla

AMC La Jolla - 8657 Villa La Jolla Dr. (888) 262-4386

Westfield UTC

AMC UTC - 4425 La Jolla Village Dr. (323) 615-2550

Clairemont

Reading Cinemas Town Square - Town Square, 4665 Clairemont Dr., San Diego, CA 92117

Downtown

Landmark Cinemas - 3965 Fifth Ave Suite 200, San Diego, CA 92103 Cinema Under the Stars - 4040 Goldfinch St, San Diego, CA 92103

Mira Mesa

Regal Edwards Mira Mesa - 10733 Westview Pkwy (858) 635-7716

Mission & Fashion Valleys

AMC Fashion Valley 18 - Hwy. 163 @ Friars Rd. West (858) 558-2262

AMC Mission Valley 20 - I-8, exit Mission Center Road (619) 444-3456

Shopping Malls

La Jolla

UTC-Westfield Shopping 4545 La Jolla Village Dr (858) 453-2930

Mission Valley

Mission Shopping Center 1640 Camino Del Rio North (619) 296-6375

Fashion Valley

Fashion Valley Mall Friars Road & Hwy. 163 (619) 297-3381

Downtown

Horton Plaza F Street & 4th Avenue (619) 238-1596



What Does San Diego Have to Offer?



For more San Diego information or attractions visit: http://www.sandiegan.com/

Balboa Park and San Diego Zoo

(619) 239-0512 x8 San Diego Zoo, Old Globe Diego Theatre, Starlight Bowl, Reuben H. Fleet Science Center, and many more museums and art galleries

Downtown La Jolla

Downtown La Jolla has plenty of restaurants and entertainment.

Mission Bay Park

(858) 581-7655

The bay is an incredible 4,600 acre man-made aquatic park. It offers boating, beaches, and plenty of areas to picnic. Sea World & Belmont Park Roller Coaster are also located around the bay.

Old Town State Historic Park

(619) 220-5422

Many historic buildings that represent the birthplace of San Diego.

Restored homes, hotels, shops, and several Mexican food restaurants.

San Diego Harbor Excursion

Provides 1- or 2-hour guided tours of the harbor.

Sea World

A 150-acre marine life park, with exhibits and shows presented throughout the day.

San Diego Trolley

The trolley has two lines. The Blue line runs from Qualcomm Stadium through Old Town and downtown Tijuana. The Orange line starts downtown & continues east to El Cajon and Santee.

Safari Park

(619) 234-6541 An extension of the San Diego Zoo, this wildlife reserve is home to 2,500 Asian and African animals.

Seaport Village

Over 50 shops and 17 eateries located by the beautiful San Diego Bay.

Gaslamp Quarter

(619) 233-5227

A 16-block historic district featuring many restored downtown San Diego structures. Includes several Continental and Italian restaurants and nightclubs.

San Diego Hall of Champions Sports <u>Museum</u>

Celebrates hometown athletes with hands-on, interactive exhibits and participatory programs. Tours offered daily; call 619-699-2317.

Pacific Beach

Largely visited by San Diego's youth, this region consists of over 150 restaurants, bars and grills, shops, etc. It's a highlight for local nightlife.