



*UC San Diego Recreation*

# **OUTBACK ADVENTURES**

## **Backpack San Gorgonio Packing List**

Welcome to your Outback Adventures Backpack and summit hike San Gorgonio! Below is a list of things you should bring. Please print out this list and bring it to your pre-trip meeting — if you have any questions about what you need, your guides will be happy to answer them at that time.

**Pre-Trip Meeting**      6pm, Wednesday, Week of trip (mandatory)  
**Meeting location:**    [Outback Adventures HQ/Rental Shop](#)

### **GENERAL ITINERARY:**

#### Prior to the trip

- Reserve and pickup Outback provided equipment (including your climbing shoes!)
- Gather personal equipment

#### Saturday:

- 7:00am: Meet at Outback, final gear check, depart for Joshua Tree National Park
- Learn the basics of climbing and belay technique
- Climb!

#### Sunday:

- Day hike or more climbing, depending on the group's preference
- Return to Outback Adventures

### **TRIP POLICIES:**

- Rental gear listed as provided below by Outback Adventures must be reserved and picked up at the Outback Rental Shop prior to the trip, during store hours.
- All participants must sign a liability waiver to participate on our trips. Current emergency contact must be provided.
- Drugs, alcohol, tobacco and firearms are not permitted on any Outback trip. Presence of these items is grounds for immediate removal from the trip at your expense.

# PACKING LIST:

## OUTBACK WILL PROVIDE:

- Outback Adventures Guides
- Camping Gear: tents, tarps, sanitation equipment, cooking gear, etc
- Roundtrip transportation from Outback Adventures
- All necessary permits, entrance and camping fees
- 4 meals in the field & drinking water
  - Saturday - lunch & dinner
  - Sunday - breakfast , lunch & dinner
  - Monday - breakfast , lunch
  - NOT INCLUDED: Two road meals (i.e. In-N-Out Burger, tacos etc)

## YOU SHOULD BRING: Please be aware that all of these items will get dirty!

- |   |  |
|---|--|
| <input type="checkbox"/> Long underwear tops & bottoms*                             | <input type="checkbox"/> Day Pack/Book Bag *                         |
| <input type="checkbox"/> Warm Coat  | <input type="checkbox"/> Swim suit and towel                         |
| <input type="checkbox"/> Raingear (jacket & pants)*                                 | <input type="checkbox"/> Headlamp or Flashlight and Extra Batteries* |
| <input type="checkbox"/> Warm Pants — ideally not cotton                            | <input type="checkbox"/> Toiletries                                  |
| <input type="checkbox"/> Sweater/Fleece — ideally not cotton                        | <input type="checkbox"/> Sunscreen/Lip Balm (SPF 15 or higher)*      |
| <input type="checkbox"/> Boots/Sturdy Shoes   | <input type="checkbox"/> Water bottle/bladder (at least 32 oz)*      |
| <input type="checkbox"/> Warm Hat* & Gloves/Mittens*                                | <input type="checkbox"/> Personal Bowl*, Cup* & Spoon*               |
| <input type="checkbox"/> Socks*/Underwear   | <input type="checkbox"/> Snacks                                      |
| <input type="checkbox"/> Bandana (dust protection for nose/mouth)*                  | <input type="checkbox"/> Money (at least 2 road meals)               |
| <input type="checkbox"/> T-shirts   | <input type="checkbox"/> Passport and visa                           |
| <input type="checkbox"/> Long-sleeved Shirt   | <input type="checkbox"/> Book/Journal/Cards (optional)               |
| <input type="checkbox"/> Long Pants that you are comfortable hiking and climbing in | <input type="checkbox"/> Camera (optional)                           |
| <input type="checkbox"/> Sleeping Bag (0 degree)* & Sleeping Pad*                   |  |
| <input type="checkbox"/> Sunglasses*  |  |
| <input type="checkbox"/> Sun Hat  |  |

\* Items can be purchased or rented at Outback Adventures. Rentals for trips receive a 50% discount but must be reserved in advance. Store hours: M-F 10:00am – 6:00pm, Sat/Sun 12-4pm. Questions? Call: 858-534-0684.

*NOTE: All non-US citizens must have a passport and a current Visa due to the Border patrol checkpoints between UCSD and Joshua Tree National Park.*

