



UC San Diego Recreation

OUTBACK ADVENTURES

Mission Gorge Rock Climbing Packing List

Welcome to your Outback Adventures Climbing trip! Below is a list of things you should bring. If you have any questions about what you need, the staff in our rental shop would be happy to help you.

GENERAL ITINERARY:

- 7:00 am: Meet at the Outback Adventures Rental Shop/HQ
- Depart for Mission Gorge (~30 minutes)
- 3:00 pm: Depart from Mission Gorge
- 3:30 pm: Arrive back at Outback Adventures

PACKING LIST:

OUTBACK WILL PROVIDE:

- Outback Adventures Climbing Guides
- Technical climbing gear including: helmet and harness, ropes, carabineers, etc
- Roundtrip transportation from Outback Adventures
- Free Climbing shoe Rental (**You must rent this during store hours prior to your trip's departure. The rental is FREE**)
- Snacks

YOU SHOULD BRING/WEAR:

- Clothes you are comfortable moving around in (hiking pants or yoga pants will suffice)
- Sunscreen
- Water Bottle* or Camelbak-style bladder (at least 32oz)
- Lunch

* Items can be purchased or rented at Outback Adventures. Rentals for trips receive a 50% discount, but must be reserved in advance. Store hours: M-F 12:00pm – 6:00pm. Questions? Call: 858-534-0684.