



UC San Diego Recreation

OUTBACK ADVENTURES

Joshua Tree Backpacking Packing List

Welcome to your Outback Adventures Joshua Tree Backpacking trip! Below is a list of things you should bring. Please print out this list and bring it to your pre-trip meeting — if you have any questions about what you need, your guides will be happy to answer them at that time.

Pre-Trip Meeting 6pm, Wednesday before the trip (mandatory)
Meeting location: [Outback Adventures HQ/Rental Shop](#)

GENERAL ITINERARY:

Prior to the trip:

- Reserve and pickup Outback provided equipment
- Gather personal equipment

Thursday:

- 7:00am: Meet at Outback, final gear check, depart for Joshua Tree National Park!

Friday-Saturday:

- Backpacking!

Sunday:

- Hike out to the van
- Return to Outback Adventures (by 10pm at the latest)

TRIP POLICIES:

- Rental gear listed as provided below by Outback Adventures must be reserved at the Outback Rental Shop prior to the trip, during store hours.
- All participants must sign a liability waiver to participate on our trips. Current emergency contact must be provided.
- Drugs, alcohol, tobacco and firearms are not permitted on any Outback trip. Presence of these items is grounds for immediate removal from the trip at your expense.

PACKING LIST:

OUTBACK WILL PROVIDE:

- Outback Adventures Guides
- Camping Gear: tents, tarps, sanitation equipment, cooking gear, etc
- Roundtrip transportation from Outback Adventures
- All necessary permits, entrance and camping fees
- Free backpack rental (**You must rent this during store hours prior to the departure of your trip.**)
- 7 meals in the field & drinking water
 - Saturday — lunch & dinner
 - Sunday — breakfast, lunch & dinner
 - Monday — breakfast & lunch
 - NOT INCLUDED: Two road meals (i.e. In-N-Out Burger, Mexican Food etc)

YOU SHOULD BRING:

- | | |
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| <input type="checkbox"/> Long underwear tops & bottoms* | <input type="checkbox"/> Backpacking Pack* |
| <input type="checkbox"/> Raingear (jacket & pants)* | <input type="checkbox"/> Headlamp or Flashlight and Extra Batteries* |
| <input type="checkbox"/> Warm Pants — ideally not cotton | <input type="checkbox"/> Medications/Toiletries |
| <input type="checkbox"/> Sweater/Fleece — ideally not cotton | <input type="checkbox"/> Feminine supplies |
| <input type="checkbox"/> Hiking boots | <input type="checkbox"/> Sunscreen/Lip Balm (SPF 15 or higher)* |
| <input type="checkbox"/> Warm Hat* | <input type="checkbox"/> Water bottles/bladder (at least a 2 liter capacity)* |
| <input type="checkbox"/> Gloves/Mittens* | <input type="checkbox"/> Snacks |
| <input type="checkbox"/> Socks (wool hiking socks are best)* | <input type="checkbox"/> Money (for road meals, souvenirs, etc) |
| <input type="checkbox"/> Sock liners (to help prevent blisters — Optional)* | <input type="checkbox"/> Passport and visa |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Book/Journal/Cards (optional) |
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> Camera (optional) |
| <input type="checkbox"/> Long-sleeved Shirt | |
| <input type="checkbox"/> Long Pants | |
| <input type="checkbox"/> Very warm coat | |
| <input type="checkbox"/> Sleeping Bag (0 degree)* & Sleeping Pad* | |
| <input type="checkbox"/> Sunglasses* | |
| <input type="checkbox"/> Sun Hat* | |

* Items can be purchased or rented at Outback Adventures. Rentals for trips receive a 50% discount, but must be reserved in advance. Store hours: M-F 12:00pm – 6:00pm. Questions? Call: 858-534-0684.

NOTE: All non-US citizens must have a passport and a current Visa due to the Border patrol checkpoints between UCSD and Joshua Tree National Park.