



*UC San Diego Recreation*

# **OUTBACK ADVENTURES**

## **Joshua Tree Backpacking Packing List**

Welcome to your Outback Adventures Joshua Tree Backpacking trip! Below is a list of things you should bring. Please print out this list and bring it to your pre-trip meeting — if you have any questions about what you need, your guides will be happy to answer them at that time.

**Pre-Trip Meeting**      6pm, Wednesday before the trip (mandatory)  
**Meeting location:**    [Outback Adventures HQ/Rental Shop](#)

### **GENERAL ITINERARY:**

Prior to the trip

- Reserve and pickup Outback provided equipment
- Gather personal equipment

Saturday-Monday:

- 7:00am: Meet at Outback, final gear check, depart for Joshua Tree National Park
- Backpacking!
- Return to Outback Adventures (by 10pm at the latest)

### **TRIP POLICIES:**

- Rental gear listed as provided below by Outback Adventures must be reserved at the Outback Rental Shop prior to the trip, during store hours.
- All participants must sign a liability waiver to participate on our trips. Current emergency contact must be provided.
- Drugs, alcohol, tobacco and firearms are not permitted on any Outback trip. Presence of these items is grounds for immediate removal from the trip at your expense.

# PACKING LIST:

## OUTBACK WILL PROVIDE:

- Outback Adventures Guides
- Camping Gear: tents, tarps, sanitation equipment, cooking gear, etc
- Roundtrip transportation from Outback Adventures
- All necessary permits, entrance and camping fees
- Free backpack rental (**You must rent this during store hours prior to the departure of your trip.**)
- 7 meals in the field & drinking water
  - Saturday — lunch & dinner
  - Sunday — breakfast, lunch & dinner
  - Monday — breakfast & lunch
  - NOT INCLUDED: Two road meals (i.e. In-N-Out Burger, Mexican Food etc)

## YOU SHOULD BRING:

- |   |   |
|---|---|
| <input type="checkbox"/> Long underwear tops & bottoms*                     | <input type="checkbox"/> Backpacking Pack*                                    |
| <input type="checkbox"/> Raingear (jacket & pants)*                         | <input type="checkbox"/> Headlamp or Flashlight and Extra Batteries*          |
| <input type="checkbox"/> Warm Pants — ideally not cotton                    | <input type="checkbox"/> Medications/Toiletries                               |
| <input type="checkbox"/> Sweater/Fleece — ideally not cotton                | <input type="checkbox"/> Feminine supplies                                    |
| <input type="checkbox"/> Hiking boots                                       | <input type="checkbox"/> Sunscreen/Lip Balm (SPF 15 or higher)*               |
| <input type="checkbox"/> Warm Hat*  | <input type="checkbox"/> Water bottles/bladder (at least a 2 liter capacity)* |
| <input type="checkbox"/> Gloves/Mittens*                                    | <input type="checkbox"/> Snacks   |
| <input type="checkbox"/> Socks (wool hiking socks are best)*                | <input type="checkbox"/> Money (for road meals, souvenirs, etc)               |
| <input type="checkbox"/> Sock liners (to help prevent blisters — Optional)* | <input type="checkbox"/> Passport and visa                                    |
| <input type="checkbox"/> Underwear  | <input type="checkbox"/> Book/Journal/Cards (optional)                        |
| <input type="checkbox"/> T-shirts   | <input type="checkbox"/> Camera (optional)                                    |
| <input type="checkbox"/> Long-sleeved Shirt                                 |   |
| <input type="checkbox"/> Long Pants   |   |
| <input type="checkbox"/> Very warm coat                                     |   |
| <input type="checkbox"/> Sleeping Bag (0 degree)* & Sleeping Pad*           |   |
| <input type="checkbox"/> Sunglasses*  |   |
| <input type="checkbox"/> Sun Hat*   |   |

\* Items can be purchased or rented at Outback Adventures. Rentals for trips receive a 50% discount, but must be reserved in advance. Store hours: M-F 12:00pm – 6:00pm. Questions? Call: 858-534-0684.

*NOTE: All non-US citizens must have a passport and a current Visa due to the Border patrol checkpoints between UCSD and Joshua Tree National Park.*