

## UC San Diego Recreation

# OUTBACK ADVENTURES

Baja on Horseback Packing List

Welcome to your Outback Adventures Baja on Horseback trip! Below is a list of things you should bring. Please print out this list and bring it to your pre-trip meeting — if you have any questions about what you need, your guides will be happy to answer them at that time.

**Pre-Trip Meeting** 6pm, Wednesday before the trip (mandatory)

Meeting location: Outback Adventures HQ/Rental Shop

#### **GENERAL ITINERARY:**

Prior to the trip

- Reserve and pickup Outback provided equipment
- Gather personal equipment

#### Saturday:

- 2:00pm: Meet at Outback, depart for Rancho La Bellota
- Horseback riding lessons

#### Sunday:

Horseback riding

#### Monday:

• Return to Outback Adventures

#### TRIP POLICIES:

- Rental gear listed as provided below by Outback Adventures must be reserved and picked up at the Outback Rental Shop prior to the trip, during store hours.
- All participants must sign a liability waiver to participate on our trips. Current emergency contact must be provided.
- Drugs, alcohol, tobacco and firearms are not permitted on any Outback trip. Presence of these items is grounds for immediate removal from the trip at your expense.

### **PACKING LIST:**

□ Technical Equipment: Horses, riding helmets, saddles, reins, etc.

□ Roundtrip Transportation from Outback Adventures

#### OUTBACK WILL PROVIDE:

□ Outback Adventures Guides

	Lodging: Dorm-style in ranch bunkhouses with bedding, shower and wood-burning stove		
	50% rental discount for the trip from the Outback Rental Shop		
	Meals in the field & drinking water		
	NOT INCLUDED: Road meals (i.e. tacos, churros in the border line, etc.)		
	,		
YOU SHOULD BRING:			
	Warm Coat		Toiletries
	Warm Sweater/Fleece/Jacket		Sunscreen/Lip Balm (SPF 15 or
	Close-toed shoes with smooth		higher)*
	bottoms and defined heel		Feminine supplies
	Warm Hat*		Prescription medicine and eyewear
	Warm Gloves/Mittens*		
	Socks*/Underwear/Sports Bras		Water bottle/bladder (at least 32 oz)
	T-shirts		Snacks
	Long-sleeved Shirt		Spending Money (\$30-\$80 – small
	Long Pants/Jeans		bills are best for food purchases)
	Sunglasses* and Retainer Strap*		Passport (and visa/green card if you
	Sun Hat		are not a US Citizen)
	Day Pack/Book Bag *		
	Board Shorts/Swim suit		Extra blanket (optional)
	Towel		Bug repellent (optional)
	Headlamp or Flashlight and Extra		Book/Journal/Cards (optional)
	Batteries*		Camera (optional)

\* Items can be purchased or rented at Outback Adventures. Rentals for trips receive a 50% discount, but must be reserved in advance. Store hours: M-F 12:00pm-6:00pm. Questions? Call: 858-534-0684.

NOTE: All participants must have a valid passport and bring it on the trip!