INFORMAL REC

recreation.ucsd.edu

Informal Recreation is fitness and fun on your own time. As a current UC San Diego student you can play basketball, badminton, volleyball, racquetball, squash, tennis, table tennis, lift weights, use the cardio machines or swim—all for free!



RIMAC PIT SCHEDULE

	OPEN PIT	RESERVED TIMES
Monday	5:30am–1:00am	8–9am & 5–6pm
Tuesday	5:30am–1:00am	Noon–1pm & 5–6pm
Wednesday	5:30am–1:00am	8–9am & 5–6pm
Thursday	5:30am–1:00am	Noon–1pm & 5–6pm
Friday	5:30am–11:00pm	
Saturday	7:30am-9:30pm	10–11am
Sunday	9:30am–1:00am	



Swim Incentive Program

Swim to Santa Barbara with Recreation–all swimming is done in Canyonview pool! Track your progress on a chart at the pool. Swim 200 miles and receive a recognition T-shirt.

PICK UP GAMES *May have ID Checks

Open Badminton Friday's from 6–11pm at Main Gym Saturday's from 6–10pm at Main Gym

Open Basketball

Monday // Wednesday // Friday from 12–2pm at Main Gym *Also in RIMAC during regular building hours.

Open Volleyball

Tuesday's from 8–10pm at RIMAC Arena

Friday's from 4–7pm at REC Gym

Open Soccer *with field lights Tuesday // Wednesday // Friday from 6–9pm at NCR Field

Questions? Contact Allison Lane at allane@ucsd.edu

EQUIPMENT INFORMATION

Men's/Women's Locker Room Rental: Full Size Locker: \$20 per quarter Cubicle Lockers: \$5 per quarter

RIMAC Equipment Rentals: (858) 534-3486

Information on locker rental and items for sale.

Main Gym Equipment Rentals: (858) 822-4815

Information on locker rental, check out equipment and purchase convenience items.

Canyonview Aquatic Center: (858) 534-5375

There are only day use lockers available at the Canyonview Aquatic Complex. \$20 per quarter, lock is provided.